

Car Seat Resources in the Sacramento Area

Car Seat Classes

All agencies below offer car seat classes by appointment only. Call for details.

◇ Safe Kids/Dignity Health *

Car seat safety checks at Mercy San Juan Medical Center and Methodist Hospital, offered once a week, please call for date and location. Low-cost car seat program available for low-income families with proof of assistance. Program includes two hour car seat education class and an inspection appointment.

If interested, call :

English (916) 864-5779
Spanish (916) 904-3799
Hmong (916) 864-5541
Russian (916) 864-5566

◇ UC Davis Health *

UC Davis Health offers free car seat classes in English and Spanish for eligible families. The class is two hours and includes installation instruction of the new car seat.

If interested, call (916) 734-9798

Violator Programs

Programs offered for car seat and youth seat belt violations. Programs are by appointment AND court referral ONLY.

◇ UC Davis Health

Buckle Up Baby Program *
(916) 734-9798

◇ **Sacramento County—ChIP Program ***
(916) 875-5869

◇ Safe Kids/Dignity Health *

English (916) 864-5779
Spanish (916) 904-3799
Hmong (916) 864-5541
Russian (916) 864-5566

◇ **Yolo County HHSa ***
(530) 406-4410

Car Seat Checks

The agencies below assist parents with installing car seats correctly. Some agencies provide low cost seats to eligible families. Call for information regarding available appointments.

SACRAMENTO COUNTY

Elk Grove

◇ Cosumnes Fire Dept.
(916) 405-7114

Folsom

◇ Folsom Fire Dept.
(916) 461-6300

Sacramento

◇ Safe Kids/ Dignity Health *
Mercy San Juan Hospital
Methodist Hospital
(916) 864-5779
◇ CHP—Capitol Protection
(916) 341-4740
◇ CHP—North Sacramento
(916) 348-2300
◇ CHP—Valley Division *
(916) 731-6300
◇ UC Davis Health *
(916) 734-9798

AAA

◇ Visit AAA.com/carseats to find an inspection station near you.

PLACER COUNTY

◇ CHP—Newcastle
(916) 663-3344
◇ Roseville Fire Dept.
(916) 772-6300

Lincoln

◇ Lighthouse Counseling FRC *
(916) 645-3300

Rocklin

◇ Rocklin Public Safety Foundation
(916) 625-5416

EL DORADO COUNTY

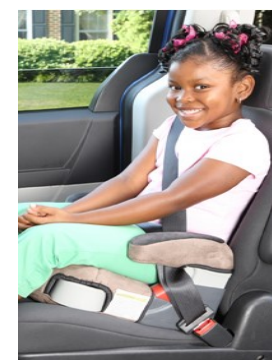
El Dorado Hills

◇ El Dorado Hills Fire Dept.
(916) 933-6623

YOLO COUNTY

◇ CHP—Woodland *
(530) 662-4685
◇ Yolo County HHSa *
(530) 406-4410
◇ Woodland Police Dept.*
Office (530) 661-7875
Cell (530) 786-5514

* Spanish speaker available.



California Car Seat Law

Effective January 1, 2017: Children under 2 years of age must ride in a rear-facing car seat unless the child weighs 40 or more pounds OR is 40 or more inches tall. Children under the age of 8 must be secured in a car seat or booster seat in the back seat. Children who are 8 years of age OR have reached 4'9" in height must be secured by a safety belt. Passengers who are 16 years of age and over are subject to California's mandatory Seat Belt law.

Update: July 2019

For more information call the Sacramento County Car Seat Program at (916) 875-5869