

Roadmap to becoming a Firefighter at

METRO FIRE

The Student Path

High School Student

Enroll in a Fire/EMR/Medical related CTE program. Del Campo High School's Fire Tech program is available to all SJUSD students in grades 11-12. Many programs offer dual enrollment and students can earn community college credit.

Math, Sciences, and English/World languages are important preparation. Consider team sports and getting involved in your community.

The Military

Career pathways that lead to EMT certification are recommended.

The US Army, Air Force, Coast Guard, and Navy all have career pathways that can lead to EMT certification.

The College Student

Paramedic training is needed to meet minimum requirements

Beneficial Education and Experience

Fire Science/Technology, College Fire Academy/FF1, Anatomy and Physiology, General education degree requirements, Team Sports and Physical Fitness, Volunteering and Leadership Opportunities

Resume Building & Test Preparation

Along the way, the candidate should focus on preparing themselves for the position physically, mentally, and academically. This includes written test prep, physical fitness, oral interview skill building, resume building, and taking steps to insure the ability to pass a thorough background investigation. Continue to learn as much as you can about our industry and our organization. Our MMP Program is an amazing skill building opportunity for those that want to become firefighters at Metro Fire.

Application & Testing Process

Metro's Fire Academy

A Career Change

EMT & Paramedic Training

EMT and Paramedic training can be found at local colleges as well as Technical Education Programs such as NCTI and Cal-JAC.

This is a great place to start while learning more about the fire service.

Work Experience

Prior work experience can provide necessary skills in customer service, communication, teamwork, problem solving, mechanical aptitude, construction, tool utilization, and medical care.

Any of these skills are beneficial to preparing you for a career in the fire service.

Learn more about our MMP program at joinmetrofire.org