Car Seat Resources in the Sacramento Area

The agencies below help parents and caregivers with installing child safety seats correctly.
Some agencies may provide low cost seats to families who qualify.

Car Seat Classes

All agencies below offer car seat classes by appointment only. Call for more information.

Safe Kids/Dignity Health*
Low-cost car seat program available for low-income families with proof of assistance. Program includes two hour car seat education class and inspection appointment. Call:

English (916) 864-5779

Spanish (916) 904-3799

Hmong (916) 864-5541

Russian (916) 864-5566

UC Davis Health*
Free car seat classes in English and Spanish for eligible families. The class is two hours and includes installation instruction of the new car seat. Call:

(916) 734-9798

Violator Program

Programs offered for car seat and youth seat belt violations. Programs are by appointment AND court referral ONLY.

UC Davis Health Buckle Up Baby Program*: (916) 734-9798

Sacramento County-Car Seat Program*: (916) 875-5869

Safe Kids/Dignity Health*:
English (916) 864-5779 Spanish (916) 904-3799
Hmong (916) 864-5541 Russian (916) 864-5566

Yolo County HHSA*: (530) 406-4410

Car Seat Checks

Yolo County
CHP-Woodland*
(530) 662-4685

Yolo County HHSA*
(530) 406-4410

El Dorado County
El Dorado Hills
Fire Dept.
(916) 933-6623

AAA
Visit aaa.com/carseats to find car seat checks near you

Sacramento County
UC Davis Health*
(916) 734-9798

Safe Kids/Dignity Health*
Mercy San Juan and Methodist Hospital
(916) 864-5779

CHP-Capitol Protection
(916) 341-4740

CHP-North Sacramento
(916) 348-2300

CHP- Valley Division*
(916) 731-6300

Elk Grove
Cosumnes Fire Dept.
(916) 405-7114

Folsom
Fire Department
(916) 461-6300

Placer County
CHP-Newcastle
(916) 663-3344

Roseville Fire Dept.
(916) 774-5838

Lincoln
Lighthouse Counseling FRC*
(916) 645-3300

Rocklin
Rocklin Public Safety Foundation
(916) 625-5440

*Spanish speaker available

Updated January 2020

California Car Seat Law
Effective January 1, 2017: Children under 2 years of age must ride in a rear-facing car seat unless the child weighs 40 or more pounds OR is 40 or more inches tall. Children under the age of 8 must be secured in a car seat or booster seat in the back seat. Children who are 8 years of age OR have reached 4'9" in height must be secured by a safety belt. Passengers who are 16 years of age and over are subject to California's mandatory Seat Belt law.

SACRAMENTO COUNTY PUBLIC HEALTH
Promote • Prevent • Protect

For more information, call Sacramento County Car Seat Program at (916) 875-5869, (CA Relay 711).