



The Metro Fire Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness and response. Participants must live or work in the Sac Metro Fire service area.

The CERT Basic Class is a FREE 24 hour course that trains participants in basic disaster skills such as:



preparedness
fire safety
light search and rescue
disaster medical operations



Metro Fire offers the course twice yearly:
Late fall
and
Late winter

The class is taught over two weeks.
Thursday #1 - 6:00-10:00pm (4 hours)
Saturday #1 - 9:00am - 5:00pm (8 hours)
Thursday #2 - 6:00pm-10:00pm (4 hours)
Saturday #2 - 9:00am-5:00pm (8 hours)

For more information visit:
<http://metrofire.ca.gov/index.php/about-us/community-services/18-operations/community-services/43-cert>
Or email MFCertBasic@gmail.com

